



NAMASKAR!

IDAM NA MAMA!

(It is not Mine!)

Scunthorpe Mandir Trust Charity Number 1206972

Newsletter September 2024

GOWRI GANESH PUJA!

On the 1st day of Gauri Puja the idol of Goddess Gauri is placed at home and Prasad prepared for the 3 main Deities Mata Parvati, Shiv ji and Ganesh ji.

On the 2nd day Satyanarayan Puja is performed by some devotees at home.

3rd day is Gauri Visarjan in which the idol is immersed in water.

During Gauri Pujan Bhagwan Shiv and Bhagwan Ganesh are venerated along with Mata Gauri.

This reinforces the significance of a happy and contented family life.

Ganesh ji or Ganapati is the God of New Beginnings and the Remover of Obstacles [Vighnaharta] as well as the God of wisdom. The puja of Ganesh ji is done by the devotees before starting anything new whether it is a journey, a new job, a new vehicle or starting a new business. In fact, any puja in Sanatan Dharma starts with Ganesh Puja.

The birth of Ganesh ji is celebrated in all parts of India and by the Indian diaspora spread around the world. According to the Hindu calendar this falls on the **fourth day [Chaturthi]** of

the **Shukla paksha** of the Bhadrapada month. On this day, amid chants of *Ganpati Bappa Morya*, thousands of devotees take the idol of Lord Ganesh home, and after its installation, perform a ceremony to invoke His holy presence into the statue. This ritual is called the *Prana Pratishtha*, during which *mantras* are recited, a special worship ceremony is performed, offerings of sweets, flowers, rice, coconut, jaggery, and coins are made, and the idol is anointed with red *chandan* (sandalwood) powder.

For the next 10 days the idol is worshipped every day and an *arti* is sung in the evening. The festival goes on with great fanfare for ten days upto the **Ganesh Chaturdashi [fourteenth day]** when the idols are taken in a procession to a nearby water body for immersion. **It is believed that Bhagwan Ganesh takes all the difficulties from the family when he leaves.**

The immersion of the idols and their subsequent destruction reinforces the belief that the universe is in a constant state of change, and eventually gives away to formlessness. **The act of immersion denotes the circle of life.** The chant of *Ganpati Bappa Morya* fills the air as the devotees bid farewell and pray for the deity's early return the following year.

22nd September 2024

Sunday 4 pm to 6 pm.

Gowri Ganesh Puja and Prasad is by Rekha ji, Prabhakar ji and family.

Looking Ahead

Navratri Puja

5th October Saturday

11th October Saturday

12th October Sunday

Prasad by Kokila ji, Shanti Rampal ji, Preeti ji, Raina Bhalla ji.

Diwali Puja and Bhai Duj Celebrations

3rd November

Sunday

3 pm to 7 pm.

Puja and Hawan for all of us by Pandit Jiteshwar Bhatt ji.

Prasad by Akhilesh ji, Ajay ji, Sanjeev ji, Sanjiv ji and their families.

15th December

Sunday

Puja and Prasad

By Anita ji, Sandeep ji and Family

January 2025

Pongal Celebrations and Puja by

Poorva ji, Kavitha ji, Hemadri ji , Dhanashekher ji and families.

Namaste

Sanjiv Nand

Scunthorpe Mandir Trust

Ajay Dabraji, Akhilesh Singh ji, Sanjeev Jaliha ji and Sanjiv Nand